



## Policy and Procedure

<b>SUBJECT/TITLE:</b> Clinical Dress Code: Students/Faculty in the Clinical and Laboratory Setting(s)	<b>PAGE:</b> 1/3
<b>RELATED POLICY:</b> Attire for Students in the Practice Setting (Calgary Campus - Undergraduate Programs) <a href="https://nursing.ucalgary.ca/sites/default/files/teams/5/Attire%20for%20Students%20in%20the%20Practice%20Setting.PPPC_.2021.06.15.pdf">https://nursing.ucalgary.ca/sites/default/files/teams/5/Attire for Students in the Practice Setting.PPPC_.2021.06.15.pdf</a>	
<b>AUTHORIZATION:</b> Associate Dean Academic Advisory Committee Nursing Program Committee	<b>DATE ESTABLISHED:</b> February 12, 2009
	<b>DATE LAST REVISED:</b> Sept 19, 2022 Approved NPC: Sept 20 <sup>th</sup> , 2022.

<b>PURPOSE</b> The purpose of this policy is to ensure a transparent, fair, and consistent approach to clinical dress code that promotes safety and a professional image of University of Calgary-Qatar (UCQ) students and faculty in the clinical area.	
<b>SCOPE</b> This policy applies to all students enrolled in UCQ Nursing program.	
<b>DEFINITIONS</b>	
1.	“Clinical area” refers to all clinical environments including but not limited to: <ul style="list-style-type: none"> <li>Laboratory and Simulation at the Experiential Learning Center</li> <li>Clinical sites for practicum: hospitals, nursing home, and other care centers</li> </ul>
<b>POLICY STATEMENT and PROCEDURE</b>	
1.	UCQ Faculty and clinical instructors are responsible for ensuring that students adhere to the uniform policy.
2.	<b>Points of Emphasis:</b> Dress Policy for clinical practice: <ul style="list-style-type: none"> <li>It is expected that students will be conservatively and appropriately dressed for all clinical activities in any health care settings.</li> <li>Students and Faculty must always present a clean and professional appearance. <ul style="list-style-type: none"> <li>E.g., Denim, promotional Logos, and baseball caps are not accepted in clinical environment.</li> </ul> </li> </ul>



- Some agencies may have unit-specific dress practices and policies. Students and Faculty are expected to follow the unit-specific practice/policy if it differs from UCQ policy.
- In clinical area where uniforms are not required, specific instructions will be given.
  - Please see respective course outlines or agency policy guidelines for specific details related to these expectations.

#### 2.1. Uniforms:

- UCQ uniforms are always required in the clinical setting and in the Experiential Learning Center, including Labs, SPOTS, and Simulation.
- UCQ requires a standard uniform; therefore, alteration of style or permanent imprint/embroidery of name is not permitted.
- Long sleeve (white, grey, or black with no pattern) may be worn under the student uniform. Sleeves must be pushed up to elbows for handwashing and when providing direct hands-on patient care.
- Additional clothing may not be worn over the uniform (e.g., cardigans, jumpers).
- A plain white scarf (hijab) may be worn and pinned in place as part of the standard nursing uniform in the clinical or lab setting.
- If the practice setting allows, a plain veil (niqab) may be worn and pinned in place as part of the standard nursing uniform in the clinical or lab setting. However, a veil (niqab) may never replace a face mask in situation(s) where a face mask must be worn. No doubt should persist in clinical environment that the person is wearing the appropriate face mask as required. A veil (niqab) should not be worn over the face mask for the face mask to be always visible.
- Students are strongly encouraged to change into another set of clothes to avoid wearing the UCQ uniform in public places. Alternatively, uniforms should be covered before leaving the clinical setting.

#### 2.2 Shoes:

- White shoes with regular, closed heels and toes are acceptable. White athletic shoes with pale colored trim are acceptable.

#### 2.3 Stockings/Socks:

- Lightweight white socks shall be worn under uniform.

#### 2.4 Jewelry:

- A small wristwatch with second hand or digital watch marking seconds is required.
- In any clinical setting, students are only permitted to wear a watch, wedding band, or ring without stones or sharp edges and plain stud or small hoop earrings (a maximum of two per ear).
- Tongue piercing will not be accepted in any clinical setting. No other visible piercing with jewelry will be permitted (i.e., eyebrow, nares, chin, or lip).
- No other jewelry is permitted, except medical alert jewelry.

#### 2.5 Personal Hygiene:

- Nails must be short and clean.
- No artificial fingernails and no nail polish may be worn in the clinical setting.
- Hair must be worn in a controlled fashion so as not to interfere with patient care.



	<ul style="list-style-type: none"> <li>• Beards and moustaches must be able to be contained within a mask.</li> <li>• Unscented deodorant shall be worn.</li> <li>• No chewing gums.</li> </ul> <p>2.6 Fragrances:</p> <ul style="list-style-type: none"> <li>• Intense odors or scents to be avoid (e.g., perfumes, scented fragrances, body odors, cigarettes).</li> </ul> <p>2.7 Identification Badge:</p> <ul style="list-style-type: none"> <li>• UCQ Photo Identification badge shall be always worn. Students are expected to follow the unit-specific policy if it differs from UCQ policy.</li> </ul> <p>2.9 Faculty:</p> <ul style="list-style-type: none"> <li>• It is expected that clinical faculty, serving as the role models for students, will be professional in their dress and adhere to the same standards of clinical attire as students but are not required to wear the UCQ uniform. It is noted that in certain clinical settings, uniforms are not required but professional dress is always expected.</li> </ul>
3.	Students will be asked to leave the Laboratory, simulation, or clinical site immediately if they do not comply with the uniform policy. Students will be considered “absent” for that event.
4.	Students who continue to not comply with the uniform policy will be referred to the UCQ Practice Coordinator.
5.	Failure to adhere with the uniform policy may result in the student being unsuccessful in the clinical course.
<b>REFERENCES</b>	
Daigle, A. (2018). Professional Image and the nursing Uniform. <i>The Journal of Continuing Education in Nursing</i> . 49 (12). <a href="https://doi-org.ezproxy.lib.ucalgary.ca/10.3928/00220124-20181116-06">https://doi-org.ezproxy.lib.ucalgary.ca/10.3928/00220124-20181116-06</a>	
Hamad Medical Corporation. <i>Nursing and Midwifery dress code policy</i> . <a href="https://ucalgary.edu.qa/OP4035NursingMidwiferyDresscode.doc">Microsoft Word - OP 4035 Nursing Midwifery Dresscode.doc (ucalgary.edu.qa)</a>	
Sulanka, J. & Shimp, K. (2015). What works: Implementing an evidence-based nursing dress code to enhance professional image. <i>American Nurse Today</i> . 10 (10). <a href="https://go-gale-com.ezproxy.lib.ucalgary.ca/ps/i.do?p=HRCA&amp;u=ucalgary&amp;id=GALE%7CA435755648&amp;v=2.1&amp;it=r">https://go-gale-com.ezproxy.lib.ucalgary.ca/ps/i.do?p=HRCA&amp;u=ucalgary&amp;id=GALE%7CA435755648&amp;v=2.1&amp;it=r</a>	
Pawłowski, P., Mazurek, P., Zych, M., Zuń, K., & Dobrowolska, B. (2019). Nursing dress code and perception of a nurse by patients. <i>Pielęgniarstwo XXI Wieku (Nursing in the 21st Century)</i> , 18(1), 60– 67. <a href="https://doi.org/10.2478/pielxxiw-2019-0008">https://doi.org/10.2478/pielxxiw-2019-0008</a>	